



5 PACKING TIPS FOR PERSONAL ITEM TRAVEL



1. the perfect bag

Check your airline (s) for dimension & weight requirements.

Don't use the outside pockets or extender if your bag has those.

My choice: Sherpani Soleil

2. go natural

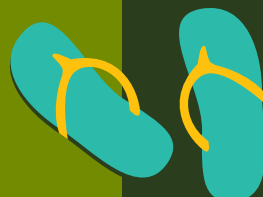
Leave most liquid, makeup and beauty items at home.

Most places you stay will have what you need.

3. all purpose shoes

What kinds of activities will you be doing? Pick one pair of versatile shoes if you can.

My choice: Hoka Hopara 2



4. wearable luggage

Carry extra items on you with a sweater that doubles as a backpack for tech or a neck pillow case filled with socks, intimates or a tiny squishmellow.

5. capsule wardrobe

Take lightweight, high quality and versatile pieces that will work for hot, cold, wet and dry climates.

Use a compression bag to maximize space and leave enough room to buy something locally

Pack early and re pack often as you refine your travel itinerary.

by deathbed memories

For a 5 month trekking trip through South America, here's the list of what made it into the bag.